

We have a **Specialist Physiotherapist**, as an alternative to an appointment with the GP, for people with a **muscle, bone or joint problem**.

The Physiotherapist will assess your condition and will liaise closely with the GP **and** help you to develop a plan on how to manage your condition. Fiona is based in our Kilmacolm Surgery on a Tuesday afternoon and a Thursday morning.

Musculoskeletal (MSK) Physiotherapy can help.....

Neck Pain, Whiplash

Joint Pains & Stiffness

Muscle Aches and Strains

Sprained Ankles, Sore Feet

Wrist, Elbow, Hand Pain

Sore Backs/Sciatica

Sore Knees

General Weakness after illness/surgery

To help direct you to the most appropriate person we will need ask a few questions. Please don't be offended when we ask why you are calling.



Please Note:

The Physiotherapist is unable to see anyone under the age of 14 and does not provide ongoing treatments, however, if this is required, you can be referred on